

UNDERSTAND OXYGEN
TRANSPORT AND YOU
WILL UNDERSTAND
CONGENITAL HEART
DISEASE

Physiologic Disturbances in the infant/Newborn

- Inadequate Pulmonary blood flow
 Tetraology of Fallot or Pulmonary Atresia
- Excessive Pulmonary blood flow
 **VSD or any Cyanotic CHD with unrestricted
 Pulmonary blood flow**
- Inadequate systemic blood flow
 Aortic Atresia, Critical ASV
- Abnormal Mixing TGA

Concepts of Oxygen Transport

- Definitions: oxygen saturation, oxygen content and oxygen-hemoglobin dissociation curve.
- **Systemic oxygen Transport** . Effect of Hemoglobin, low systemic or pulmonary blood flow, and lung function.
- The effect of Pulmonary blood flow on **Systemic Oxygen transport** in complete admixture CHD

Concepts of Oxygen Transport

- Relationship between VO_2 and oxygen Delivery
- Systemic responses to inadequate oxygen transport.
- Markers of inadequate oxygen Transport
 - Lactic Acid
 - SVO_2

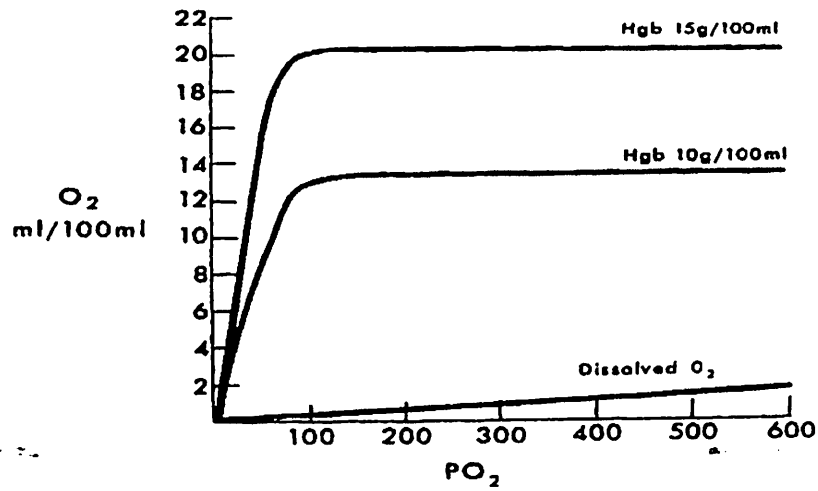
Oxygen Transport and Congenital Heart Disease

Oxygen Content CaO_2

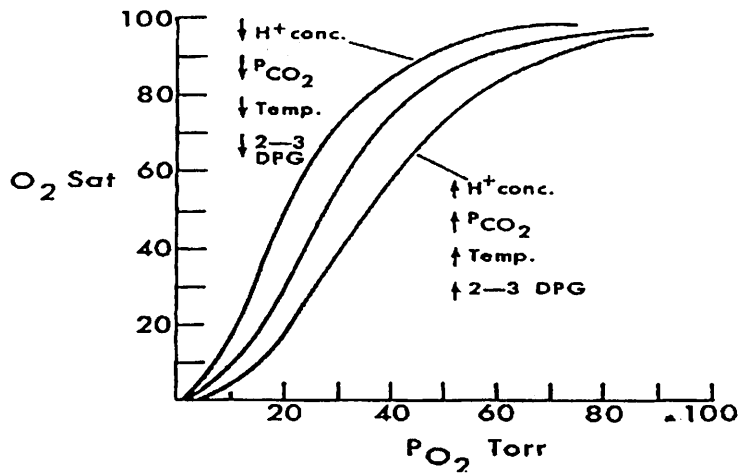
Hemoglobin $1.36\text{ml}/100\text{ml} \times \% \text{ saturation}$

Plasma $.003\text{ml}/100\text{ml}/\text{mmHg}$ or
 $.3 \text{ ml}/100\text{ml}/100\text{mmHG}$

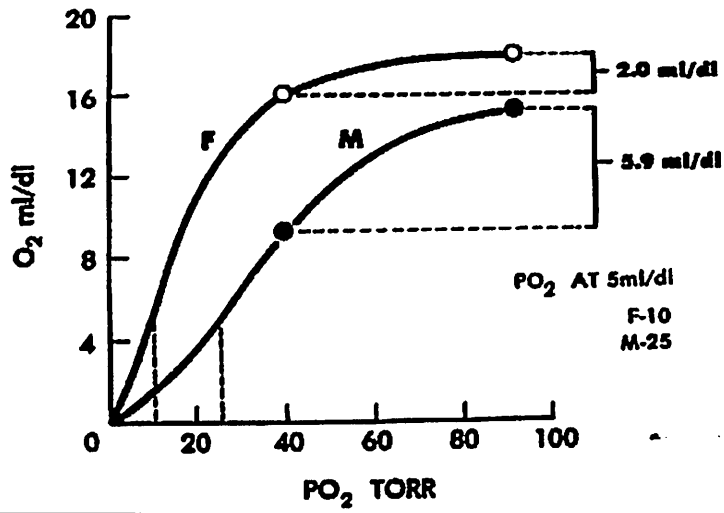
Oxygen Transport



Oxygen Hemoglobin Dissociation curve



Oxygen Hemoglobin Dissociation curve



Oxygen Delivery Systemic oxygen Transport

Oxygen Delivery (DO_2) ml O_2 /minute

=

Cardiac Output x Oxygen Content (CaO_2)
L/minute ml O_2 / 100 ml

Oxygen Delivery

Importance of hemoglobin

The single best way to increase oxygen Delivery is to give a blood transfusion.

15gm Hb x 1.36ml x % O₂ saturation

20.4 ml/ 100 ml oxygen

10 gm Hb x 1.36ml x % O₂ saturation

13.6 ml/100 ml oxygen

33% increase in oxygen Delivery

Importance of Plasma Oxygen content

In the anemic patient dissolved oxygen can be a major component of oxygen content

Alveolar PO₂ 600Torr

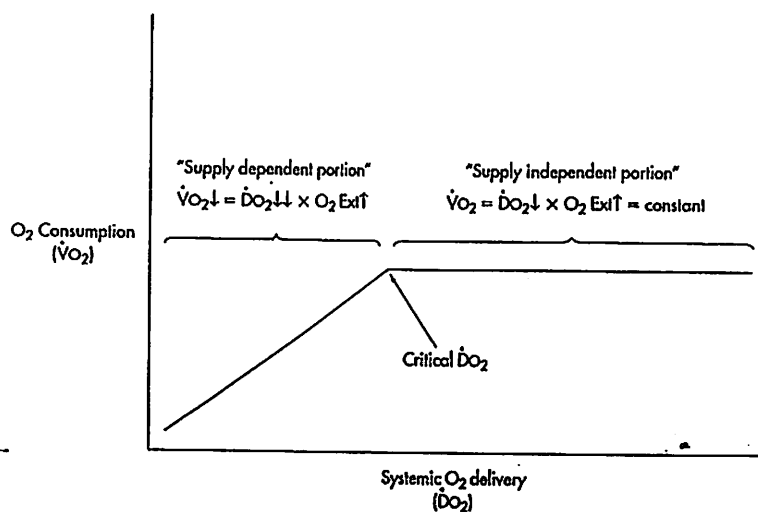
10 gm Hb x 1.36 ml + 1.8 ml/100ml

Dissolved Oxygen 13 %

5 gm Hb x 1.36ml + 1.8ml/100ml

Dissolved Oxygen 26%

Relationship Between oxygen Consumption $\dot{V}O_2$, and Delivery



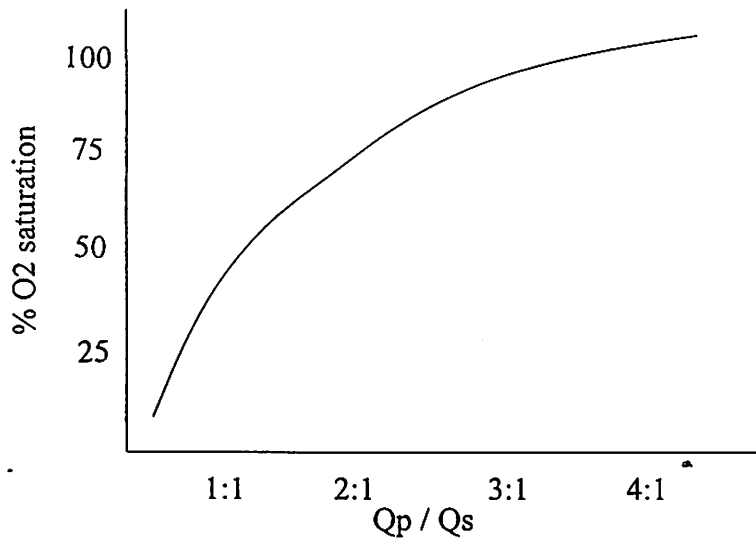
Response to Inadequate Oxygen Delivery

- Activation of Neurohumoral mechanisms mediated by the sympathetic nervous system which leads to differential vasoconstriction depending on the density of sympathetic innervation. (Kidney, skin, GI tract > muscle. In Brain and Heart almost no vasoconstriction.
- Arterial PO_2 direct control-Vasodilation in response to low Arterial PO_2 .
- Renin AngiotensinII aldosterone Arginine Vasopressin axis

Markers of Tissue Oxygenation

- Mixed venous PO_2 or SVO_2 is the single most reliable indicator of tissue hypoxia. O_2 diffusion from blood to cell is directly related to the difference between capillary PO_2 and the intracellular PO_2 . Capillary PO_2 reflects:
 - Arterial oxygen content
 - Organ blood flow
 - Organ oxygen consumption
- Lactic Acid

Effect of Pulmonary Blood Flow on O₂ Saturation in Complete Mixing CHD

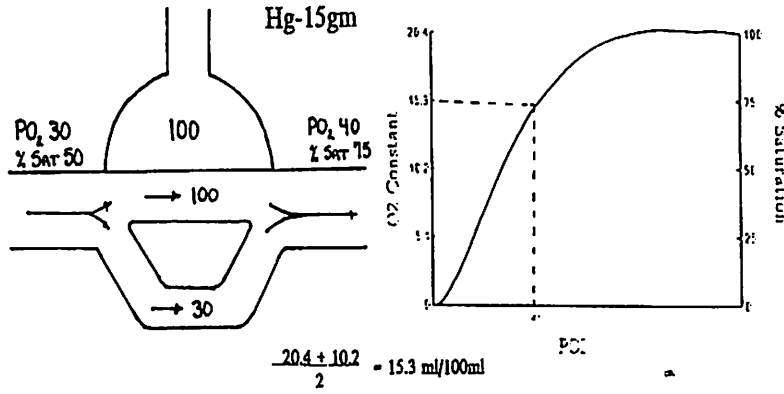


Oxygen Transport and Congenital Heart Disease Summary

- Physiological Disturbances are related to abnormalities in Systemic blood flow, pulmonary blood Flow, or mixing.
- Maintaining adequate oxygen capacity (Hemoglobin) is critical.
- Primary response to tissue hypoxia is the sympathetic nervous system.
- Monitoring : Lactic Acid and SVO_2 are useful.

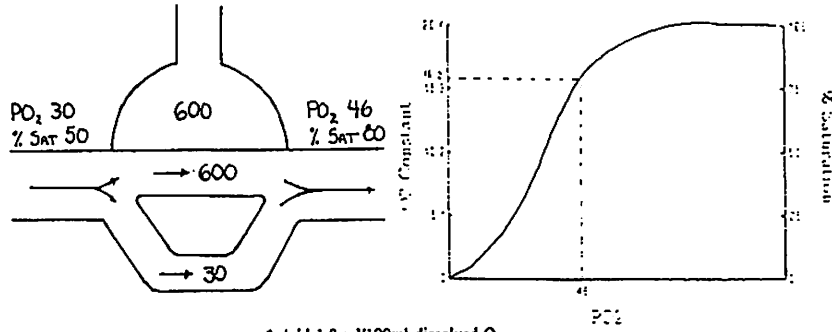
Hyperoxia Test

The Hyperoxia Test - Forgotten but still useful for understanding the Physiology of congenital heart disease.



Hyperoxia test

FIO₂ 1.0



* Add 1.8 ml/100ml dissolved O₂

$$\frac{22.2 + 10.2}{2} = 16.2 \text{ ml/100ml}$$